

JANUARY 2026

Newsletter

NO. #5

January's Monthly Newsletter

Welcome to a new year and a new newsletter! We are thrilled to share with you the latest developments in our mission to make a positive impact in our community.

Boston Partnership Fund Refurbishment

Welcome to 2026 and to the first newsletter of the new year!

Everyone at The Len Medlock Voluntary Centre would like to wish you a very happy new year and welcome you to our first newsletter of 2026.

We would also like to say a huge thank you to everyone who supported our Poppy Appeal last November. Through poppy sales and generous donations, we raised a total of £18.82 for the Royal British Legion - an increase of over 100% compared to the previous year. Your support truly makes a difference.

Looking ahead, 2026 brings some

exciting changes to the centre. We will be continuing to carry out refurbishment works both inside and outside the building, as part of our commitment to improving and modernising the centre. These upgrades are designed to benefit both our staff and, most importantly, you - our service users.

Inside the building, we are looking to refresh all public areas and room-hire spaces with new carpets and a fresh coat of paint. We also plan to completely renovate our reception area, including new flooring, updated furniture, and improved information and advertising displays.

Externally, we still plan to change the reception roof/framework, reasoning

for the change is to improve its energy efficiency, so it is warmer in winters and cooler in summers, resulting in a more comfortable environment for all.

Thank you for your continued support! Follow us on Facebook & X

TRUSTEE VACANCIES!

Our charity is still calling for more trustees to come and join us, for more information please email us at info@lmcv.org

ROOM HIRE

At the centre we have a small room for 1-to-1 meetings, a hybrid conference room for board meetings and events and also a training room. For bookings and more info please visit our website at info@lmcv.org

Wellness In Motion Workshop

Move with purpose and discover how motion supports your whole well-being. Your Wright Health Ltd are providing a in Motion Workshop at The Len Medlock Voluntary Centre on Thursday 19th February 2026 @ 10:00am. We'll explore how exercise supports overall health, try a variety of movement styles, and break down the real benefits of staying active—physically and mentally. You'll also learn how to set realistic, achievable movement goals that fit your lifestyle, so wellness feels sustainable, not overwhelming.

Spaces are limited to ONLY 15 participants to ensure a supportive and engaging learning environment.

📅 Limited availability – early booking is recommended. (First come first serve)

👉 Reserve your FREE place today by emailing us at info@lmcv.org



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